

Soups and Chowders

Chicken Rice Soup

Ingredients:

Prep & Cook Time: 1:45 minutes,

Serves 8-10

1 2lb. whole chicken

1 32-oz. containers Chicken broth

1 32-oz. cold water

2 medium stalks celery, sliced

2 Carrots, sliced

1 large onion, diced

2 cloves garlic, finely chopped

1 tsp. fresh parsley

1 tsp. dried thyme

2 bay leaf

1 cup cooked rice

Instructions:

In a large soup pot over high heat, bring all ingredients except rice to a boil. Keep soup at a low boil for about 1 hour over medium high heat, stirring occasionally. Reduce heat and cook uncovered for 20-30 minutes, stirring occasionally, until vegetables are tender add rice Remove and discard bay leaf and serve with G/F breadsticks or G/F garlic bread. Enjoy!

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